

Cougar Invitational - Thursday, April 27, 2023

Lakeville South HS - 60 degrees, cloudy, lt. rain (Perfect!)

4x800m Relay - 8:27.16

2:05.6	Luke Greseth	28.0,31.3,66.3
2:00.7	Ronan Leonard	28.4,29.6,62.7
2:08.7	Dan Salatino	29.3,32.7,66.7
2:11.9	Jack Kahlstorf	31.6,65.3,66.6

Splits

800m

2:05.45	Ronan Leonard	62.2, 63.0
2:09.11	Dan Salatino	62.6, 66.8
2:09.52	Jack Kahlstorf	64.3, 65.0

1600m

4:30.07	Daniel McCollor	65.8,67.6,69.6,66.8
4:40.08	Parker Dietrick	66.0,67.9,73.9,72.0
4:42.69	Liam Stroup	68.8,72.4,72.3,68.9

3200m

9:57.80	Alex Haag	72,77,75,76,78,77,76,66
10:18.62	Robert Marshall	75,77,76,78,79,79,79,75
10:36.21	Tal Havelio	75,77,78,81,83,79,80,78

4x400m Relay

54.0	Luke Greseth
54.3	Parker Dietrick

Hamline Elite Meet - Friday, April 28, 2023

Klas Field - 45-50 degrees, 5-10mph (Perfect!)

1600m

4:24.25	Tyler Kissell	65.2,67.0,66.8,65.2
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800m

1:57.77	Hayes McMillan	27.8,29.7,30.5,29.8
2:01.80	Hamza Mohamed	28.3,30.4,30.3,32.8

3200m

9:26.71	Will Weber	68.8,68.8,69.7,70.5,71.8,72.4,72.5,72.1
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